Join our community of problem solvers, leaders, and advocates. As a student in the College of Education and Human Development (CEHD), you will pursue your career goals in a supportive community of people who are committed to improving lives. Students come to CEHD for a wide variety of majors, and we strive to meet you where you are in your educational journey. Our personalized approach to teaching and learning means that we consider how your life experiences have shaped who you are and where you are going. You will be encouraged to think differently, imagine what is possible, and discover how you can make a difference.
Youth Studies student Sam Robertson and academic adviser Cindy Pavlowski greet students at CEHD’s annual block party, a welcome event for incoming first-year students.
First Year Experience

Build community, and find your voice.

The First Year Experience (FYE) is a unique curriculum for all CEHD first-year students. FYE helps you build community and transition from high school into college. The rigorous and innovative curriculum includes two semesters: a First-Year Inquiry course in the fall and Learning Communities in the spring. FYE courses help you reach your four-year graduation goals, support the completion of the University’s liberal education requirements, and meet prerequisites for majors in CEHD.

All first-year students in CEHD read an interdisciplinary common book that engages the shared question, “How can one person make a difference?” Your instructors will get to know you and are committed to creating a space for transformational learning. You will be encouraged to challenge your assumptions and consider new and multiple perspectives.

FYE courses are intentionally designed to help you feel a sense of belonging at the U of M. Whether you grew up in the Twin Cities or are calling it home for the first time, FYE instructors incorporate discussions and assignments that help you connect to campus and the surrounding community.

Find out more about FYE at z.umn.edu/cehdfirstyear.
“First Year Experience courses helped me expand my knowledge and understanding that college was so much more than learning a simple subject. It’s about broadening our horizons to things we never realized existed and embracing the new subject matter with enthusiasm and curiosity.”

ROSE SIMON, B.S., FAMILY SOCIAL SCIENCE
Social science and human services

Focus your desire to help others through a rewarding career working with individuals, youth, families, and communities.

Pursue a major that prepares you to be an advocate and change agent in your career.

Family Social Science combines multiple disciplines to prepare you for a career working with individuals and families across the lifespan. Choose from three concentrations: family and community engagement to work directly with families in community settings; family therapy to prepare for entry-level clinical work or for advanced study; or family financial studies to assist individuals and families with financial issues.

Youth Studies, an integral part of the School of Social Work, prepares you to think about youth in critical and interdisciplinary ways. We support putting theories into practice through guided experiences in schools, youth development organizations, and other community-based systems serving youth. Coursework emphasizes the everyday realities of being a young person and the larger forces and contexts of youthhood. This prepares you for engaged and mutually beneficial work with young people and communities. Faculty and instructors invite your knowledge and experience to co-create highly interactive learning environments where you work together to grasp the principles of effective youth work.

Both majors emphasize internships and community-engaged learning through their partnerships with Twin Cities human services and youth organizations.

**MAJORS:** Family Social Science, Youth Studies
Prepare to become a teacher-leader who responds to the needs of all students.

At the U of M, we emphasize extensive classroom experience and partner with Twin Cities school districts so you learn from experienced teachers. Your coursework includes your content area and courses focused on the pressing challenges and opportunities in education today. For most subject areas, you will earn your Minnesota teaching license upon completion of the graduate program. Our undergraduate education majors also prepare you to work in settings that do not require a teaching license.

“When looking for teacher candidates, I always look at the institutions they attended. Educators from the University of Minnesota, in my opinion, are the best prepared for teaching.”
—SCHOOL ADMINISTRATOR

MAJORS: Early Childhood, Elementary Education Foundations, Special Education
Health, sport, and wellbeing

Improve the lives of individuals and communities.

Kinesiology, the study of human movement and physical activity, is a science-based major focused on improving human health and wellbeing across the lifespan. You will examine human movement and physical activity from multiple perspectives—behavioral, physiological, psychological, sociocultural, and neuromotor. The major prepares you for careers in the health, wellness, and sport industries, and for advanced study in health and medical sciences, including physical and occupational therapy, nursing, and athletic training.

Sport Management prepares you for a career in areas such as marketing, promotions, and operations. With six major professional sports teams and NCAA Division I college athletics, the Twin Cities are the perfect place to study the business of sports.
Business

Develop your business and administrative skills to prepare for a variety of sales, marketing, and administrative positions.

The Business and Marketing Education major is a business degree with a focus on the intersection of organizations, leadership, and human development. Through coursework in areas such as project management, sales, marketing, and workplace diversity, you will be prepared for a career in a variety of settings, from nonprofits to small and large businesses.

The Human Resource Development major focuses on the growth and development of individuals, teams, and organizations. Through coursework in training and development, organization development, and adult education, you will gain exposure to theory and best practices. In addition, the program has a strong connection to human resource professionals in the Twin Cities, with many internships and networking opportunities.

**MAJORS:** Business and Marketing Education, Human Resource Development
Your career

We will guide you.

In CEHD, we individualize career services, emphasizing how your identity, values, and experiences can help you make the best decisions for your future.

“\textit{I was able to apply a lot of what I was learning in Youth Studies to the work that I was doing at the University YMCA, and I ended up being able to have a higher role later on.}”

—YOHANIS SHITTA, YOUTH STUDIES ALUMNUS

Know yourself

Identify your strengths, interests, and skills. Take a career assessment and engage in conversations with a career counselor to reflect on the results.

100% of CEHD students complete an internship, teaching practicum, or experiential coursework.

Business and Marketing Education student Maryan Garane speaks with an employer at the CEHD business and human resources career fair. Because of the many opportunities she discovered at the fair, she is also pursuing a Human Resource Development major. Garane has completed internships at nonprofits as well as Fortune 500 companies.
Every year CEHD brings to campus more than 40 organizations interested in hiring CEHD students. To help you prepare, Career Services organizes practice interview sessions and partners with you on creating your resume.

Make connections

CEHD majors also prepare you for graduate and professional school in areas such as business, education, health sciences, and social work. View more potential careers at z.umn.edu/cehdoutcomes.

JOB TITLES OF RECENT GRADUATES

- Case management counselor
- Daycare center director
- Employment specialist
- Events and hospitality manager
- Fitness and wellness coordinator
- Human resources coordinator
- Fitness facility manager
- Marketing associate
- Sales representative
- Youth programs coordinator

Explore options by getting involved

Join a student group, and gain experience through on-campus jobs and internships with organizations in the Twin Cities.

Set goals and be flexible

As you change and grow during your time at the U of M, so too will your career goals. That’s why CEHD Career Services meets you where you are in the process.

“CEHD Career Services is committed to providing holistic, inclusive, and individualized services that empower students to recognize and address their strengths and potential. We strive to create authentic spaces for growth, reflection, and meaningful connections using innovative, creative, and flexible approaches.”

—JAMIE SCHUMANN, CEHD CAREER COUNSELOR

“My college experiences included study abroad, the Leadership minor, and President’s Emerging Scholars, all of which showed me the importance of educating myself and others. I loved working with kids but didn’t know if I wanted that to be my career. With support from mentors and advisers, my career path came to fruition. I’m now in software sales for university fund-raising and work with kids in the community through coaching.”

—CHRISTOPHER HAUGEN, ELEMENTARY EDUCATION FOUNDATIONS ALUMNUS
Academic Advising

We will support you.

Academic advisers in CEHD get to know you so they can help you make connections between your individual goals and your education. From exploring majors and choosing classes to navigating resources and opportunities, our advisers are here to support you in succeeding at the U of M and beyond.

The CEHD advising model is a partnership between your Student Services adviser and major adviser. They help you:

**STUDENT SERVICES ADVISER**
- Explore and declare majors.
- Plan your degree progress, from your first year to graduation.
- Set goals and find paths to get you there.

**MAJOR ADVISER**
- Connect to campuswide services such as the Disability Resource Center, Learning Abroad Center, Multicultural Center for Academic Excellence, and Student Counseling Services.
- Make connections between your major and career goals.
- Complete applied experiences and internships.

**Diversity and inclusion**

We affirm the contributions of all people in our community. Diversity and equity are at the core of our mission in the College of Education and Human Development.

We explicitly reject bias, discrimination, and exclusion on the basis of race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

We all are responsible for recognizing, confronting, and addressing bias and discrimination and diligently working for positive change in support of equity and diversity.
“We are driven by our belief in the value of every child and adult, each with unique talents and challenges. We share our knowledge for public use to impact and improve lives.”

DEAN JEAN QUAM

“Youth Studies classrooms are multidisciplinary, unique, and engaging places. Every day I learn something new about what it means to be a young person in today’s world and in turn, I get to place that experience in historical and professional perspective. My students are a critical part of my scholarship, and together we craft a new world for the next generation!”

Madyun co-teaches a learning abroad course in Jamaica focused on issues related to African heritage and slavery in the context of Jamaica. “We want our students to question everything they see to develop a comfort in teasing out the unseen beliefs and practices that produce and sustain inequalities. Is the current black experience contextual, collective, or an artifact of colonization?”

This course is one of 300+ learning abroad programs at the U of M. Program length varies from three weeks to one year, and you can choose to study, research, or complete an internship.

“I enjoy working with undergraduates because they are full of enthusiasm and curiosity. We try and involve them in research that not only matches their current level, but hopefully pushes them to grow. Their contributions can include everything from data collection to contributing to papers. There really is no limit to what they can do!”

TEACHING
Katie Johnston-Goodstar
Associate Professor, Youth Studies, School of Social Work

LEARNING ABROAD
Na’im Madyun
Associate Dean for Undergraduate Programs, Diversity, and Equity, CEHD

RESEARCH
Donald Dengel
Professor, School of Kinesiology
Youth Studies alumna Brenda Hernandez with her parents at CEHD commencement. Hernandez was a first-generation college student who found community within her major and support through campus resources, including the Multicultural Center for Academic Excellence and a Living Learning Community in her residence hall. Hernandez is now a bilingual educational assistant in an elementary school.

Curious?

Explore our majors, minors, and certificates. z.umn.edu/cehdundergrad

MAJORS
- Business and Marketing Education
- Early Childhood
- Elementary Education Foundations
- Family Social Science
- Human Resource Development
- Kinesiology
- Special Education
- Sport Management
- Youth Studies

MINORS
- Applied Psychology in Educational and Community Settings
- Family and Community Engagement
- Family Financial Studies
- Family Social Science
- Family Therapy
- Family Violence Prevention
- Health and Wellness Promotion
- Racial Justice in Urban Schooling
- Social Justice
- Sports Coaching
- Sport Management
- Teaching English as a Second Language
- Youth Studies
Next steps

Visit our campus and choose the College of Education and Human Development for your visit session.

Schedule a tour through the Office of Admissions at admissions.tc.umn.edu/visit or 1-800-752-1000.

z.umn.edu/social

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PHOTOGRAPHY CREDITS
Susan Andre, Mandy Dwyer, Greg Helgeson, Pa Lee, Erica Loeks, Patrick O’Leary

CEHD graduates celebrate at commencement as they join the University of Minnesota’s 400,000+ alumni network.
The University’s mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service. The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression. This publication is available in alternative formats upon request.

Direct requests to Kirsten Mortensen, CEHD Communications and Marketing, mort0076@umn.edu or 612-626-7027.

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