



Youth Studies alumna Brenda Hernandez with her parents at CEHD commencement. Hernandez was a first-generation college student who found community within her major and support through campus resources, including the Multicultural Center for Academic Excellence and a Living Learning Community in her residence hall. Hernandez is now a bilingual educational assistant in an elementary school.

Curious?

Explore our majors, minors, and certificates.

z.umn.edu/cehdundergrad

MAJORS

- ✦ Business and Marketing Education
- ✦ Early Childhood
- ✦ Elementary Education Foundations
- ✦ Family Social Science
- ✦ Human Resource Development
- ✦ Kinesiology
- ✦ Physical Activity and Health Promotion
- ✦ Special Education
- ✦ Sport Management
- ✦ Youth Studies

CERTIFICATES

- ✦ Adult Education
- ✦ Autism Spectrum Disorder
- ✦ Human Resource Development
- ✦ Sales
- ✦ Sports Coaching
- ✦ Teaching English as a Second Language

MINORS

- ✦ Applied Psychology in Educational and Community Settings
- ✦ Educational Psychology Research
- ✦ Family and Community Engagement
- ✦ Family Financial Studies
- ✦ Family Social Science
- ✦ Family Therapy
- ✦ Family Violence Prevention
- ✦ Health and Wellness Promotion
- ✦ Learning Technologies
- ✦ Racial Justice in Urban Schooling
- ✦ Social Justice
- ✦ Sports Coaching
- ✦ Sport Management
- ✦ Teaching English as a Second Language
- ✦ Youth Studies



Youth Studies student Sam Robertson and academic advisor Cindy Pavlowski greet students at CEHD's annual block party, a welcome event for incoming first-year students.

First Year Experience

Build community, and find your voice.

The First Year Experience (FYE) is a unique curriculum for all CEHD first-year students. FYE helps you build community and transition from high school into college. The rigorous and innovative curriculum includes two semesters: a First-Year Inquiry course in the fall and Learning Communities in the spring. FYE courses help you reach your four-year graduation goals, support the completion of the University's liberal education requirements, and meet prerequisites for majors in CEHD.

All first-year students in CEHD read an interdisciplinary common book that engages the shared question, "How can one person make a difference?" Your instructors will get to know you and are committed to creating a space for transformational learning. You will be encouraged to challenge your assumptions and consider new and multiple perspectives.

FYE courses are intentionally designed to help you feel a sense of belonging at the U of M. Whether you grew up in the Twin Cities or are calling it home for the first time, FYE instructors incorporate discussions and assignments that help you connect to campus and the surrounding community.

Find out more about FYE at z.umn.edu/cehdfirstyear.



"I put my students first, and I'm very interested in what students have to say. I never leave a semester without being surprised."
FYE instructor Jill Trites teaching students in a First Year Experience course.

FIRST YEAR EXPERIENCE HIGHLIGHTS

Small group discussions, encouraging you to get to know your peers and instructors



Intensive faculty support for developing your writing skills



Collaborative projects with your peers



Forming relationships with faculty in your major of interest



Community-engaged learning in the Twin Cities



Common experiences with all first-year students

Connections to on-campus resources



Debating our most pressing social-justice issues



"First Year Experience courses helped me expand my knowledge and understanding that college was so much more than learning a simple subject. It's about broadening our horizons to things we never realized existed and embracing the new subject matter with enthusiasm and curiosity."

ROSE SIMON, B.S., FAMILY SOCIAL SCIENCE

Social science and human services

Focus your desire to help others through a rewarding career working with individuals, youth, families, and communities.

Pursue a major that prepares you to be an advocate and change agent in your career.

Family Social Science combines multiple disciplines to prepare you for a career working with individuals and families across the lifespan. Choose from three concentrations: family and community engagement to work directly with families in community settings; family therapy to prepare for entry-level clinical work or for advanced study; or family financial studies to assist individuals and families with financial issues.

Youth Studies, an integral part of the School of Social Work, prepares you to think about youth in critical and interdisciplinary ways. We support putting theories into practice through guided experiences in schools, youth development organizations, and other community-based systems serving youth. Coursework emphasizes the everyday realities of being a young person and the larger forces and contexts of youthhood. This prepares you for engaged and mutually beneficial work with young people and communities. Faculty and instructors invite your knowledge and experience to co-create highly interactive learning environments where you work together to grasp the principles of effective youth work.

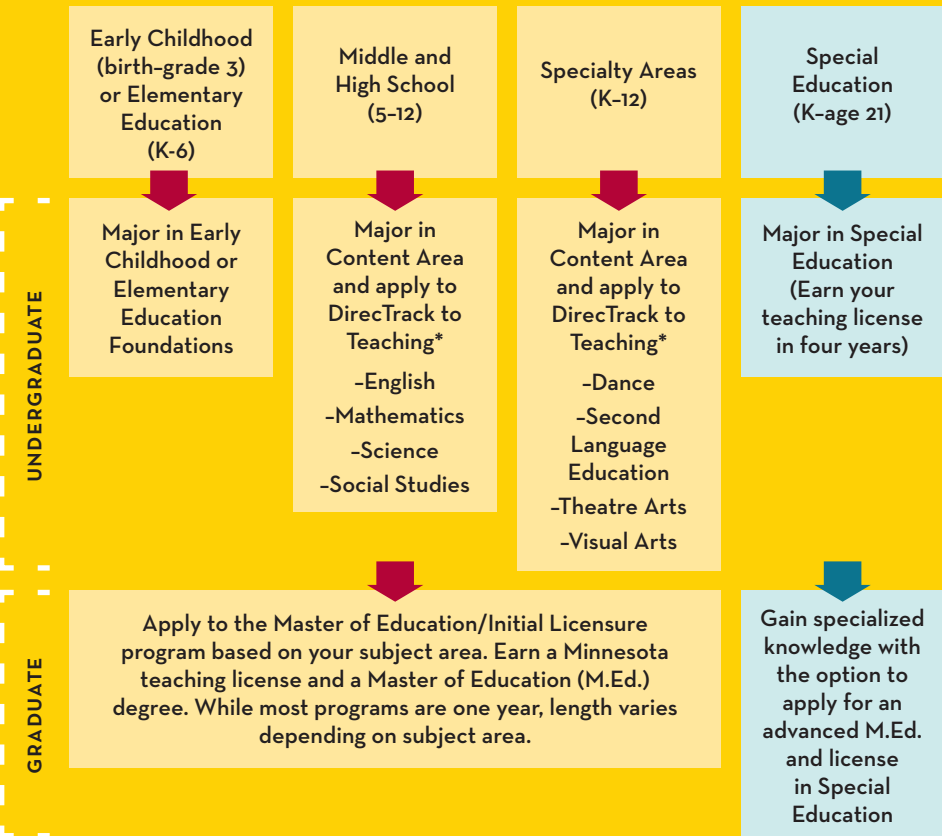
Both majors emphasize internships and community-engaged learning through their partnerships with Twin Cities human services and youth organizations.

MAJORS: Family Social Science, Youth Studies



Alison Kennedy, a Family Social Science alumna, speaks to current students at the CEHD Career Services youth and family services career panel event. Kennedy is a public sector coordinator at the U of M Law School. Pictured to her right is Dylan Hackbarth, a Youth Studies alumnus, who is a high school guidance counselor.

TEACHING PATHWAYS



*DirecTrack to Teaching brings together future teachers from across the U of M, giving you opportunities to participate in guided experience (volunteering, observing, tutoring) with youth and in classroom settings. Find more information at z.umn.edu/directrack.

Visit teach.umn.edu for more information on teaching programs at the University of Minnesota.

Education

Prepare to become a teacher-leader who responds to the needs of all students.

At the U of M, we emphasize extensive classroom experience and partner with Twin Cities school districts so you learn from experienced teachers. Your coursework includes your content area and courses focused on the pressing challenges and opportunities in education today. For most subject areas, you will earn your Minnesota teaching license upon completion of the graduate program. Our undergraduate education majors also prepare you to work in settings that do not require a teaching license.

“When looking for teacher candidates, I always look at the institutions they attended. Educators from the University of Minnesota, in my opinion, are the best prepared for teaching.”
—SCHOOL ADMINISTRATOR

MAJORS: Early Childhood, Elementary Education Foundations, Special Education

Health, sport, and wellbeing

Improve the lives of individuals and communities.

Kinesiology, the study of human movement and physical activity, is a science-based major focused on improving human health and wellbeing across the lifespan. You will examine human movement and physical activity from multiple perspectives—behavioral, physiological, psychological, sociocultural, and neuromotor. The major prepares you for careers in the health, wellness, and sport industries, and for advanced study in health and medical sciences, including physical and occupational therapy, nursing, and athletic training.

Physical Activity and Health Promotion explores how individuals and families can increase physical activity and improve healthy lifestyles to help prevent disease and/or the progression of chronic disease. Coursework and applied experiences are focused on how to collect and analyze data to plan, implement, monitor, and evaluate programs designed to encourage physical activity and healthy lifestyles. The major prepares you for careers in health coaching, worksite wellness, physical activity adherence, corporate fitness and other health promotion-related fields.

Sport Management prepares you for a career in areas such as marketing, promotions, and operations. With six major professional sports teams and NCAA Division I college athletics, the Twin Cities are the perfect place to study the business of sports.

MAJORS: Kinesiology, Physical Activity and Health Promotion, Sport Management



Robert H. Bruininks Hall, situated on the U of M's East Bank with expansive views of the Mississippi River, is home to several interactive learning classrooms and student support programs.

Business

Develop your business and administrative skills to prepare for a variety of sales, marketing, and administrative positions.

The Business and Marketing Education major is a business degree with a focus on the intersection of organizations, leadership, and human development. Through coursework in areas such as project management, sales, marketing, and workplace diversity, you will be prepared for a career in a variety of settings, from nonprofits to small and large businesses.

The Human Resource Development major focuses on the growth and development of individuals, teams, and organizations. Through coursework in training and development, organization development, and adult education, you will gain exposure to theory and best practices. In addition, the program has a strong connection to human resource professionals in the Twin Cities, with many internships and networking opportunities.

MAJORS: Business and Marketing Education, Human Resource Development

Your career journey

We will guide you.

In CEHD, we individualize career services, emphasizing how your identity, values, and experiences can help you make the best decisions for your future.



“I was able to apply a lot of what I was learning in Youth Studies to the work that I was doing at the University YMCA, and I ended up being able to have a higher role later on.”

—YOHANIS SHITTA,
YOUTH STUDIES ALUMNUS

Know yourself

Identify your strengths, interests, and skills. Take a career assessment and engage in conversations with a career counselor to reflect on the results.

100%
of CEHD students complete an internship, teaching practicum, or experiential coursework.



Business and Marketing Education student Maryan Garane speaks with an employer at the CEHD business and human resources career fair. Because of the many opportunities she discovered at the fair, she is also pursuing a Human Resource Development major. Garane has completed internships at nonprofits as well as Fortune 500 companies.



“My college experiences included study abroad, the Leadership minor, and President’s Emerging Scholars, all of which showed me the importance of educating myself and others. I loved working with kids but didn’t know if I wanted that to be my career. With support from mentors and advisors, my career path came to fruition. I’m now in software sales for university fund-raising and work with kids in the community through coaching.”

—CHRISTOPHER HAUGEN, ELEMENTARY EDUCATION FOUNDATIONS ALUMNUS

Explore options by getting involved

Join a student group, and gain experience through on-campus jobs and internships with organizations in the Twin Cities.

JOB TITLES OF RECENT GRADUATES

- ✦ Case management counselor
- ✦ Daycare center director
- ✦ Employment specialist
- ✦ Events and hospitality manager
- ✦ Fitness and wellness coordinator
- ✦ Human resources coordinator
- ✦ Fitness facility manager
- ✦ Marketing associate
- ✦ Sales representative
- ✦ Youth programs coordinator

CEHD majors also prepare you for **graduate and professional school** in areas such as business, education, health sciences, and social work. **View more potential careers at z.umn.edu/cehdoutcomes.**

“CEHD Career Services is committed to providing holistic, inclusive, and individualized services that empower students to recognize and address their strengths and potential. We strive to create authentic spaces for growth, reflection, and meaningful connections using innovative, creative, and flexible approaches.”

—JAMIE SCHUMANN, CEHD CAREER COUNSELOR



Make connections

Every year CEHD brings to campus more than 40 organizations interested in hiring CEHD students. To help you prepare, Career Services organizes practice interview sessions and partners with you on creating your resume.

Set goals and be flexible

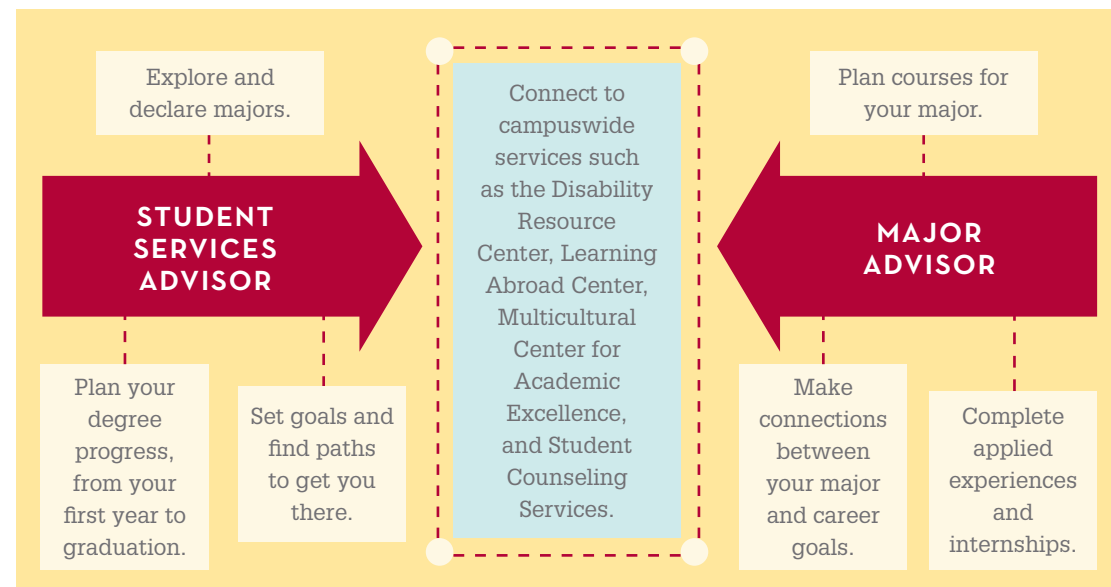
As you change and grow during your time at the U of M, so too will your career goals. That’s why CEHD Career Services meets you where you are in the process.

Academic Advising

We will support you.

Academic advisors in CEHD get to know you so they can help you make connections between your individual goals and your education. From exploring majors and choosing classes to navigating resources and opportunities, our advisors are here to support you in succeeding at the U of M and beyond.

The CEHD advising model is a partnership between your Student Services advisor and major advisor. They help you:



Diversity and inclusion

We affirm the contributions of all people in our community. Diversity and equity are at the core of our mission in the College of Education and Human Development.

We explicitly reject bias, discrimination, and exclusion on the basis of race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

We all are responsible for recognizing, confronting, and addressing bias and discrimination and diligently working for positive change in support of equity and diversity.

Faculty



“CEHD is a diverse college preparing professionals and leaders for a wide range of roles and settings, learning from each other to improve lives in all communities.”

DEAN MICHAEL C. RODRIGUEZ



TEACHING
Katie Johnston-Goodstar
Associate Professor, Youth Studies,
School of Social Work

“Youth Studies classrooms are multidisciplinary, unique, and engaging places. Every day I learn something new about what it means to be a young person in today’s world and in turn, I get to place that experience in historical and professional perspective. My students are a critical part of my scholarship, and together we craft a new world for the next generation!”



LEARNING ABROAD
Nicola Alexander
Associate Dean, Undergraduate Education,
Diversity, and International Initiatives

“CEHD offers a world-class education that takes students across the globe and provides a global experience right here at home. Through partnerships across units on campus, the nation, and the world, CEHD students can participate in a myriad of student exchanges, both within the United States and its territories and abroad.”



RESEARCH
Donald Dengel
Professor, School of Kinesiology

“I enjoy working with undergraduates because they are full of enthusiasm and curiosity. We try and involve them in research that not only matches their current level, but hopefully pushes them to grow. Their contributions can include everything from data collection to contributing to papers. There really is no limit to what they can do!”

leaders

problem solvers

advocates

Join our community of problem solvers, leaders, and advocates. As a student in the College of Education and Human Development (CEHD), you will pursue your career goals in a supportive community of people who are committed to improving lives. Students come to CEHD for a wide variety of majors, and we strive to meet you where you are in your educational journey. Our personalized approach to teaching and learning means that we consider how your life experiences have shaped who you are and where you are going. You will be encouraged to think differently, imagine what is possible, and discover how you can make a difference.

Next steps

Visit our campus and choose the College of Education and Human Development for your visit session.

Schedule a tour through the Office of Admissions at admissions.tc.umn.edu/visit or 1-800-752-1000.

z.umn.edu/social



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PHOTOGRAPHY CREDITS

Susan Andre, Greg Helgeson, Pa Lee, Erica Loeks, Patrick O'Leary, Rebecca Slater



CEHD graduates celebrate at commencement as they join the University of Minnesota's 400,000+ alumni network.



**COLLEGE OF EDUCATION
+ HUMAN DEVELOPMENT**

**UNIVERSITY OF MINNESOTA
Driven to Discover®**

cehd.umn.edu

The University's mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service. The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression. This publication is available in alternative formats upon request.

Direct requests to Kirsten Mortensen, CEHD Communications and Marketing, mort0076@umn.edu or 612-626-7257.